

0-12 MONTHS

- I can transfer an object from one hand to another. (4 months)
- I can sit, explore and am curious about objects known as object permanence. Peek-a-boo is a good game to play with me. (7-9 months)

12-18 MONTHS

- If you give me a ball, I can throw it. I can also turn pages in a book. (12-15 months)
- If you ask me to point to my nose, I can do it! (12-15 months)

- I fear unfamiliar faces known as separation anxiety. (starts around 8 months)
 I love building with blocks for eye/hand coordination.
- I love building with blocks for eye/hand coordination. (10 months)
- I am starting to stand and walk. (around 8 months)

18-24 MONTHS

- Please be patient with me, I am just beginning to learn self-control.
- This is the perfect time to start potty training.

2-3 YEARS

- I can walk, run and balance on one foot!
- I love to play pretend. For example, I may try to wear your shoes.
- I love to speak in sentences now, but my favorite words are "NO," "ME" and "MINE!"

3-4 YEARS

- I can go up and down stairs by myself now.
- I can play soccer and throw a ball overhand.
- I can draw a square, a circle and a person with body parts.
- I know some colors and shapes.

4-5 YEARS

- I can dress and undress myself.
- I love to climb and swing. Can we go to the park?
- I can probably tell you my name and address.

 I don't always handle my feelings well. (15-18 months)

I like to talk and imitate you. (12-18 months)

I can feed myself! (15-18 months)

- I understand you better now. For example, I will go get my shoes if I want to play outside.
- I like playing with my friends, riding tricycles, drawing, playing memory games and doing puzzles. Do you
- I get upset if my friend wants a toy that I am playing with.
- I want to be independent. If I am not allowed, I will
- I want to be independent. If I am not allowed, I probably throw a TEMPER TANTRUM!
- I can sing and rhyme words; I can tell a story using 5- to 6-word sentences.
- I am beginning to tell the difference between fantasy and reality.
- I can learn to say, "Please" and "Thank you." probably throw a TEMPER TANTRUM!

- I can tell you more colors and numbers, draw more shapes and recall parts of a story.
- I love to sing dance and act! Please watch me!

Sources: Touchpoints - Birth to Three, T. Berry Brazelton; American Academy of Pediatrics; Triple P

Why is screening and early intervention important?

In the United States, about 1 out of 6 children ages 3 to 17 years old have one or more developmental or behavioral disabilities.

See inside for the important stages to help you gauge your child's development. To find out about your child's growth and development, call Healthy Beginnings. 561-383-9871 www.cscpbc.org



HEALING THE HURT





Is Your Child Developing at a Healthy Pace?









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